



**Professional Qualification in  
Public Health Management  
Level 4 Diploma**

**UNIT 5 – DETERMINANTS OF HEALTH**

Question 1

(a) State what is meant by 'disability'. ( 4 marks)

(b) Describe how an individual may be affected by having a physical disability and a learning disability. (16 marks)

Question 2

(a) Explain how personal factors such as genetics and coping skills can be determinants of health. ( 8 marks)

(b) Explain how an individual's behaviour and lifestyle can impact their health. (12 marks)

Question 3

Assess the impact of that air pollution has on individuals with respiratory illnesses such as asthma. (20 marks)

Question 4(

a) Describe the food groups necessary for good nutrition. (10 marks)

(b) Analyse the impact of cultural and gender issues on the nutrition of women and children. (10 marks)

Question 5

(a) A family of two adults and four children live in a remote rural village with no access to clean water. Explain why this family is at risk of diseases causing diarrhoea. (10 marks)

(b) Discuss the possible impact of diarrheal diseases on the children's growth and the adults' ability to work and take care of their children. (10 marks)