



# Professional Qualification in Public Health Management Level 4 Diploma

UNIT 5 – DETERMINANTS OF HEALTH

### Question 1

- (a) Explain what is meant by 'accidental injuries' and who is at risk of these. Give at least **THREE** examples to support your answer. (10 marks)
- (b) Explain what is meant by 'non-accidental injuries' and who is at risk of these. Give at least **THREE** examples to support your answer. (10 marks)

### Question 2

- (a) Describe how armed conflicts and humanitarian action can act as determinants of health for affected populations. (8 marks)
- (b) Suki is a twelve-year-old girl whose family had to leave their home due to armed conflict in their region. They now live in a refugee camp with some support from international humanitarian aid agencies. Discuss how these experiences and living conditions may have impacted the health of Suki and her family. (12 marks)

# Question 3

- (a) Describe ways to reduce indoor air pollution. (8 marks)
- (b) In 2020 many countries instructed people to stay at home much more than usual to restrict the spread of the new coronavirus. This led to much less traffic and air pollution. Assess the likely benefits of this reduction in air pollution for individuals who have long term heart and lung diseases. (12 marks)

## Question 4

- (a) Explain the health risks associated with undernutrition. (10 marks)
- (b) Explain the health risks associated with obesity. (10 marks)

# Question 5

Analyse the importance of a combination of access to clean water, good sanitation and other waste disposal methods and effective hygiene practices, in preventing communicable diseases. (20 marks)